

Year 7 PE – Long Term Plan 2019-20

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Term 1	All Students - baseline	All Students - Baseline	All Students - Baseline	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
Term 2	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	All students – house activities <i>PRAG Progress week</i>	All students – house activities	
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6		
Term 3	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football		
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6		
Term 4	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics <i>PRAG Progress week</i>	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics		
	Week 1	Week 2	Week 3	Week 4	Week 5			
Term 5	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics			
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
Term 6	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls Tennis Boys Cricket/rounders Assessment weeks 3	Girls Tennis Boys Cricket/rounders Assessment weeks 3	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	

Year 8 PE – Long Term Plan 2019-20

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Term 1	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
Term 2	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6		
Term 3	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football		
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6		
Term 4	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering		
	Week 1	Week 2	Week 3	Week 4	Week 5			
Term 5	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics			
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
Term 6	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	