**SUBJECT: Optional Summer Project**

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| What is the Optional Summer Project? |
| Track your steps on a weekly basis and then search on the internet to look for places you could have reached in that week. You can then create a weekly ‘walk around the world’ choosing where you want to go based on the number of steps you have taken.For example last week I did just under 60,000 steps for the week which is about 42km (you can find a steps to km convertor on the internet) which almost takes me from Sheffield to Leeds so it looks like I’ll be heading north on my weekly travels. For next week’s steps I will start in Leeds and see where the amount of steps takes me next! |
| What resources will I need? |
| A device on which you can track your steps, then use the internet to convert your steps into km and then again to find places you could get to. |
| Where can I look for more activities or resources if I would like them? |
| <http://www.kylesconverter.com/length/steps-to-kilometers>then google ‘ If I travelled ….km from Pontefract where could I get to’ |
| What will I be studying when I return in September and how can I prepare? |
|  Year 7 | We will be starting on a fitness block of work so you can prepare for this by getting regular exercise. |
| Year 8 | See above |
| Year 9 | See above |