

Core Physical Education – Year 8 Overview (Phase 2 Learning)

| | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
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| Year 8 | <p><u>Cross Country</u> Performing at maximum levels and fitness.</p> <p><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Boys 2</u> Sport – basketball Knowledge – Fitness Character - Teamwork</p> <p><u>Girls 1</u> Sport – netball Knowledge – Leadership Character - Organisation</p> <p><u>Girls 2</u> Sport – gymnastics Knowledge – fitness Character - Independence</p> <p><u>Block 2</u></p> <p><u>Boys 1</u> Sport – Basketball Knowledge – Fitness Character - Teamwork</p> <p><u>Boys 2</u> Sport – Rugby Knowledge – Leadership/fitness</p> | <p>1 x Careers lesson – sports coach per group.</p> <p><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Boys 2</u> Sport – Table Tennis Knowledge – Officiating Character - independence/organisation</p> <p><u>Girls 1</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Girls 2</u> Sport – Badminton Knowledge – officiating Character – Organisation</p> <p><u>Block 2</u></p> <p><u>Boys 1</u> Sport – Fitness Knowledge – fitness health and wellbeing Character - Independence</p> <p><u>Boys 2</u> Sport – Football</p> | <p><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Boys 2</u> Sport – Badminton Knowledge - officiating Character - organisation</p> <p><u>Girls 1</u> Sport – Dance Knowledge – Leadership Character - Organisation</p> <p><u>Girls 2</u> Sport – Dance Knowledge – Leadership Character - Organisation</p> <p><u>Block 2</u></p> <p><u>Boys 1</u> Sport – Badminton Knowledge – officiating Character – organisation</p> <p><u>Boys 2</u> Sport – OAA Knowledge – Problem solving Character – Independence and resilience</p> <p><u>Girls 1</u> Sport – Fitness</p> | <p><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Rugby Knowledge – Leadership and fitness Character – Teamwork</p> <p><u>Boys 2</u> Sport – Volleyball Knowledge - officiating Character – sportsmanship/respect</p> <p><u>Girls 1</u> Sport – netball Knowledge – Leadership Character - Organisation</p> <p><u>Girls 2</u> Sport – Table Tennis Knowledge – officiating Character – Independence</p> <p><u>Block 2</u></p> <p><u>Boys 1</u> Sport – OAA Knowledge – Problem solving Character – Independence and resilience</p> | <p>Athletics All Groups.</p> <p><u>Boys 1</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> <p><u>Boys 2</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> <p><u>Girls 1</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> <p><u>Girls 2</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> | <p><u>Block 1</u></p> <p>Continuation of Athletics module.</p> <p><u>Block 2</u></p> <p>1 x Careers lesson – statistician.</p> <p><u>Boys 1</u> Sport – Softball/cricket Knowledge – Officiating Character – Independence/organisation</p> <p><u>Boys 2</u> Sport – Softball/cricket Knowledge - Officiating Character - Independence/organisation</p> <p><u>Girls 1</u> Sport – Rounders Knowledge – Officiating Character – Sportsmanship/respect</p> <p><u>Girls 2</u> Sport – Rounders Knowledge – Officiating Character – Sportsmanship/respect</p> |

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| | <p>Character - Teamwork</p> <p><u>Girls 1</u> Sport – Gymnastics Knowledge – Fitness Character – Independence</p> <p><u>Girls 2</u> Sport – Netball Knowledge – Leadership Character - Organisation</p> | <p>Knowledge – Leadership Character - Sportsmanship/respect</p> <p><u>Girls 1</u> Sport – basketball Knowledge – Fitness Character - Teamwork</p> <p><u>Girls 2</u> Sport – Football Knowledge – Leadership Character - Sportsmanship/respect Or Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p style="text-align: center;"><u>Block 3</u></p> <p><u>Boys 1</u> Sport – Table Tennis Knowledge – Officiating Character – Independence</p> | <p>Knowledge – Fitness health and well being Character - Independence</p> <p><u>Girls 2</u> Sport – OAA Knowledge – Problem solving Character – Independence and resilience</p> <p style="text-align: center;">Girls groups to conduct 1 x Careers lessons – first aid in block 2/3.</p> <p style="text-align: center;"><u>Block 3</u></p> <p><u>Boys 1</u> Sport – Volleyball Knowledge – Officiating Sportsmanship and respect</p> <p><u>Boys 2</u> Sport – Football Knowledge – Leadership Character - Sportsmanship/respect</p> <p><u>Girls 1</u> Sport – OAA Knowledge – Problem solving Character – Independence and resilience</p> <p><u>Girls 2</u> Sport – Fitness Knowledge – Fitness health and well being Character - Independence</p> | <p><u>Boys 2</u> Sport – Fitness Knowledge – Fitness health and well being Character – Independence</p> <p><u>Girls 1</u> Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Girls 2</u> Sport – Basketball Knowledge – Fitness Character - Teamwork</p> | | |
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