

Core Physical Education – Year 8 Overview (Phase 2 Learning)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Cross Country	1 x Careers lesson – sports coach	Block 1	Block 1	Athletics All Groups.	Block 1
	Performing at maximuk	per group.				
	levels and fitnesss.		Boys 1	Boys 1	Boys 1	Continuation of Athletics
		Block 1	Sport – Football	Sport – Rugby	Sport – Athletics	module.
	Block 1		Knowledge – Leadership	Knowledge – Leadership	Knowledge – Fitness,	
		Boys 1	Character –	and fitness	Health and well being	Block 2
	Boys 1	Sport – Football	Sportsmanship/respect	Character – Teamwork	Character - Resilience	
	Sport – Rugby	Knowledge – Leadership				1 x Careers lesson –
	Knowledge –	Character –	Boys 2	Boys 2	Boys 2	statistician.
	Leadership/fitness	Sportsmanship/respect	Sport – Badminton	Sport – Volleyball	Sport – Athletics	
	Character - Teamwork		Knowledge - officiating	Knowledge - officiating	Knowledge – Fitness,	Boys 1
		Boys 2	Character - organisation	Character –	Health and well being	Sport – Softball/cricket
Year 8	Boys 2	Sport – Table Tennis		sportsmanship/respect	Character - Resilience	Knowledge – Officiating
	Sport – basketball	Knowledge – Officiating	<u>Girls 1</u>			Character –
	Knowledge – Fitness	Character -	Sport – Dance	<u>Girls 1</u>	<u>Girls 1</u>	Independence/organisation
	Character - Teamwork	independence/organisation	Knowledge – Leadership	Sport – netball	Sport – Athletics	
			Character - Organisation	Knowledge – Leadership	Knowledge – Fitness,	Boys 2
	<u>Girls 1</u>	<u>Girls 1</u>		Character - Organisation	Health and well being	Sport – Softball/cricket
	Sport – netball	Sport – Football	<u>Girls 2</u>		Character - Resilience	Knowledge - Officiating
	Knowledge – Leadership	Knowledge – Leadership	Sport – Dance	<u>Girls 2</u>		Character -
	Character - Organisation	Character –	Knowledge – Leadership	Sport – Table Tennis	<u>Girls 2</u>	Independence/organisation
		Sportsmanship/respect	Character - Organisation	Knowledge – officiating	Sport – Athletics	
	Girls 2			Character –	Knowledge – Fitness,	<u>Girls 1</u>
	Sport – gymnastics	<u>Girls 2</u>	Block 2	Independence	Health and well being	Sport – Rounders
	Knowledge – fitness	Sport – Badminton			Character - Resilience	Knowledge – Officiating
	Character - Independence	Knowledge – officiating	Boys 1	Block 2		Character –
		Character – Organisation	Sport – Badminton			Sportsmanship/respect
	Block 2		Knowledge – officiating	1 x Careers lesson in		
		Block 2	Character – organisation	block 2 – First aid.		<u>Girls 2</u>
	Boys 1					Sport – Rounders
	Sport – Basketball	Boys 1	Boys 2	<u>Boys 1</u>		Knowledge – Officiating
	Knowledge – Fitness	Sport – Fitness	Sport – OAA	Sport – OAA		Character –
	Character - Teamwork	Knowledge – fitness health and	Knowledge – Problem solving	Knowledge – Problem		Sportsmanship/respect
		wellbeing	Character – Independence	solving		
	Boys 2	Character - Independence	and resilience	Character –		
	Sport – Rugby			Independence and		
	Knowledge –	<u>Boys 2</u>	<u>Girls 1</u>	resilience		
	Leadership/fitness	Sport – Football	Sport – Fitness			



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Charact	cter - Teamwork	Knowledge – Leadership	Knowledge – Fitness health	Boys 2	
		Character -	and well being	Sport – Fitness	
<u>Girls 1</u>		Sportsmanship/respect	Character - Independence	Knowledge – Fitness	
Sport –	- Gymnastics			health and well being	
Knowle	edge – Fitness	<u>Girls 1</u>	<u>Girls 2</u>	Character –	
Charact	cter –	Sport – basketball	Sport – OAA	Independence	
Indepe	endence	Knowledge – Fitness	Knowledge – Problem solving		
-		Character - Teamwork	Character – Independence	Girls 1	
Girls 2			and resilience	Sport – Rugby	
Sport –	- Netball	Girls 2		Knowledge –	
Knowle	edge – Leadership	Sport – Football	Girls groups to conduct 1 x	Leadership/fitness	
	ter - Organisation	Knowledge – Leadership	Careers lessons – first aid in	Character - Teamwork	
	J.	Character -	block 2/3.		
		Sportsmanship/respect		<u>Girls 2</u>	
		Or	Block 3	Sport – Basketball	
		Sport – Rugby		Knowledge – Fitness	
		Knowledge – Leadership/fitness	Boys 1	Character - Teamwork	
		Character - Teamwork	Sport – Volleyball		
			Knowledge – Officiating		
		Block 3	Sportsmanship and respect		
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		Boys 1	Boys 2		
		Sport – Table Tennis	Sport – Football		
		Knowledge – Officiating	Knowledge – Leadership		
		Character – Independence	Character -		
			Sportsmanship/respect		
			opor contanoni prespect		
			Girls 1		
			Sport – OAA		
			Knowledge – Problem solving		
			Character – Independence		
			and resilience		
			Girls 2		
			Sport – Fitness		
			Knowledge – Fitness health		
			and well being		
			Character - Independence		