

Core Physical Education – Year 9 Overview (Phase 3 Learning)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 9	<p style="text-align: center;"><u>Cross Country</u> Performing at maximum levels and fitness.</p> <p style="text-align: center;"><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Boys 2</u> Sport – basketball Knowledge – Fitness Character - Teamwork</p> <p><u>Girls 1</u> Sport – netball Knowledge – Leadership Character - Organisation</p> <p><u>Girls 2</u> Sport – Gymnastics Knowledge – Fitness Character - independence</p> <p style="text-align: center;"><u>Block 2</u></p> <p><u>Boys 1</u> Sport – Basketball Knowledge – Fitness Character - Teamwork</p> <p><u>Boys 2</u> Sport – Rugby</p>	<p>1 x Careers lesson – Sports coach per group.</p> <p style="text-align: center;"><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Boys 2</u> Sport – Table Tennis Knowledge – Officiating Character - independence/organisation</p> <p><u>Girls 1</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Girls 2</u> Sport – Badminton Knowledge - officiating Character - organisation</p> <p style="text-align: center;"><u>Block 2</u></p> <p><u>Boys 1</u> Sport – Fitness Knowledge – Fitness, health and wellbeing Character - independence</p> <p><u>Boys 2</u> Sport – Football</p>	<p>1 x Careers lesson per group – first aid.</p> <p style="text-align: center;"><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Boys 2</u> Sport – Badminton Knowledge - officiating Character - organisation</p> <p><u>Girls 1</u> Sport – Dance Knowledge – Leadership Character - Organisation</p> <p><u>Girls 2</u> Sport – Dance Knowledge – Leadership Character - Organisation</p> <p style="text-align: center;"><u>Block 2</u></p> <p><u>Boys 1</u> Sport – Badminton Knowledge - officiating Character - organisation</p> <p><u>Boys 2</u> Sport – Gaelic Football Knowledge – problem solving Character – organisation and team work</p>	<p style="text-align: center;"><u>Block 1</u></p> <p><u>Boys 1</u> Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Boys 2</u> Sport – Volleyball Knowledge - officiating Character – sportsmanship/respect</p> <p><u>Girls 1</u> Sport – netball Knowledge – Leadership Character - Organisation</p> <p><u>Girls 2</u> Sport – Table Tennis Knowledge – officiating Character – Independence</p> <p style="text-align: center;"><u>Block 2</u></p> <p><u>Boys 1</u> Sport -Volleyball Knowledge – officiating Character - sportsmanship/respect</p> <p><u>Boys 2</u> Sport – Fitness Knowledge – Fitness, health and wellbeing Character - independence</p>	<p style="text-align: center;">Athletics All Groups.</p> <p><u>Boys 1</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> <p><u>Boys 2</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> <p><u>Girls 1</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p> <p><u>Girls 2</u> Sport – Athletics Knowledge – Fitness, Health and well being Character - Resilience</p>	<p style="text-align: center;"><u>Block 1</u></p> <p style="text-align: center;">Continuation of Athletics module.</p> <p style="text-align: center;"><u>Block 2</u></p> <p style="text-align: center;">1 x Careers lesson per group – Statistician.</p> <p><u>Boys 1</u> Sport – Softball/cricket Knowledge – Officiating Character – Independence/organisation</p> <p><u>Boys 2</u> Sport – Softball/cricket Knowledge - Officiating Character - Independence/organisation</p> <p><u>Girls 1</u> Sport – Rounders Knowledge – Officiating Character – Sportsmanship/respect</p> <p><u>Girls 2</u> Sport – Rounders Knowledge – Officiating Character – Sportsmanship/respect</p>

	<p>Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Girls 1</u> Sport – Gymnastics Knowledge – Fitness Character - independence</p> <p><u>Girls 2</u> Sport – Netball Knowledge – Leadership Character - Organisation</p>	<p>Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Girls 1</u> Sport – Basketball Knowledge – fitness Character - Teamwork</p> <p><u>Girls 2</u> Sport – Rugby Knowledge – Leadership/fitness Character – Teamwork Or Sport – Football Knowledge – Leadership Character - Sportsmanship/respect</p> <p style="text-align: center;"><u>Block 3</u></p> <p><u>Boys 1</u> Sport – Table Tennis Knowledge – Officiating Character – Independence/organisation</p>	<p><u>Girls 1</u> Sport – Fitness Knowledge – Fitness, health and wellbeing Character - independence</p> <p><u>Girls 2</u> Sport – Hockey Knowledge – leadership Character - Teamwork</p> <p style="text-align: center;"><u>Block 3</u></p> <p><u>Boys 1</u> Sport – Table Tennis Knowledge – Officiating Character – Independence/organisation</p> <p><u>Boys 2</u> Sport – Football Knowledge – Leadership Character – Sportsmanship/respect</p> <p><u>Girls 1</u> Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Girls 2</u> Sport – Fitness Knowledge – Fitness, health and wellbeing Character - independence</p>	<p><u>Girls 1</u> Sport – Rugby Knowledge – Leadership/fitness Character - Teamwork</p> <p><u>Girls 2</u> Sport – Basketball Knowledge – Fitness Character - Teamwork</p>		
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