

## **Core Physical Education – Year 9 Overview (Phase 3 Learning)**

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Cross Country Performing at maximum	1 x Careers lesson – Sports coach per group.	1 x Careers lesson per group  – first aid.	Block 1	Athletics All Groups.	Block 1
	levels and fitnesss.	per group.	- ilist alu.	Boys 1	Boys 1	Continuation of Athletics
	levels and inflesss.	Block 1	Block 1	Sport – Rugby	Sport – Athletics	module.
	Block 1	BIOCK 1	BIOCK 1	Knowledge –	Knowledge – Fitness,	module.
	DIOCK 1	Boys 1	Boys 1	Leadership/fitness	Health and well being	Block 2
	Boys 1	Sport – Football	Sport – Football	Character - Teamwork	Character - Resilience	BIOCK 2
	Sport – Rugby	Knowledge – Leadership	Knowledge – Leadership	Character - Teamwork	Character - Neshience	1 x Careers lesson per group
	Knowledge –	Character –	Character –	Boys 2	Boys 2	– Statistician.
	Leadership/fitness	Sportsmanship/respect	Sportsmanship/respect	Sport – Volleyball	Sport – Athletics	- Statistician.
	Character - Teamwork	Sportsmansmp/respect	Sportsmansmp/respect	Knowledge - officiating	Knowledge – Fitness,	Boys 1
	Character - Teamwork	Dove 2	Dove 2	Character –		Sport – Softball/cricket
	Davis 3	Boys 2	Boys 2		Health and well being	
	Boys 2	Sport – Table Tennis	Sport – Badminton	sportsmanship/respect	Character - Resilience	Knowledge – Officiating
	Sport – basketball	Knowledge – Officiating	Knowledge - officiating			Character –
	Knowledge – Fitness	Character -	Character - organisation	Girls 1	Girls 1	Independence/organisation
	Character - Teamwork	independence/organisation		Sport – netball	Sport – Athletics	
			Girls 1	Knowledge – Leadership	Knowledge – Fitness,	Boys 2
Year 9	Girls 1	Girls 1	Sport – Dance	Character - Organisation	Health and well being	Sport – Softball/cricket
	Sport – netball	Sport – Football	Knowledge – Leadership		Character - Resilience	Knowledge - Officiating
	Knowledge – Leadership	Knowledge – Leadership	Character - Organisation	Girls 2		Character -
	Character - Organisation	Character –		Sport – Table Tennis	Girls 2	Independence/organisation
		Sportsmanship/respect	Girls 2	Knowledge – officiating	Sport – Athletics	
	Girls 2		Sport – Dance	Character –	Knowledge – Fitness,	Girls 1
	Sport – Gymnastics	Girls 2	Knowledge – Leadership	Independence	Health and well being	Sport – Rounders
	Knowledge – Fitness	Sport – Badminton	Character - Organisation		Character - Resilience	Knowledge – Officiating
	Character -	Knowledge - officiating		Block 2		Character –
	independence	Character - organisation	Block 2			Sportsmanship/respect
	·	_		Boys 1		
	Block 2	Block 2	Boys 1	Sport -Volleyball		Girls 2
			Sport – Badminton	Knowledge – officiating		Sport – Rounders
	Boys 1	Boys 1	Knowledge - officiating	Character -		Knowledge – Officiating
	Sport – Basketball	Sport – Fitness	Character - organisation	sportsmanship/respect		Character –
	Knowledge – Fitness	Knowledge – Fitness, health and		, , , , , , , , , , , , , , , , , , , ,		Sportsmanship/respect
	Character - Teamwork	wellbeing	Boys 2	Boys 2		, , , , , , , , , , , , , , , , , , , ,
	<del></del>	Character - independence	Sport – Gaelic Football	Sport – Fitness		
	Boys 2		Knowledge – problem solving	Knowledge – Fitness,		
	Sport – Rugby	Boys 2	Character – organisation and	health and wellbeing		
	-10~1	Sport – Football	team work	Character - independence		



Knowledge –	Knowledge – Leadership	Girls 1	Girls 1	
Leadership/fitness	Character –	Sport – Fitness	Sport – Rugby	
Character - Teamwork	Sportsmanship/respect	Knowledge – Fitness, health	Knowledge –	
		and wellbeing	Leadership/fitness	
Girls 1	Girls 1	Character - independence	Character - Teamwork	
Sport – Gymnastics	Sport – Basketball			
Knowledge – Fitness	Knowledge – fitness	Girls 2	Girls 2	
Character - independence	Character - Teamwork	Sport – Hockey	Sport – Basketball	
·		Knowledge – leadership	Knowledge – Fitness	
Girls 2	Girls 2	Character - Teamwork	Character - Teamwork	
Sport – Netball	Sport – Rugby			
Knowledge – Leadership	Knowledge – Leadership/fitness	Block 3		
Character - Organisation	Character – Teamwork			
	Or	Boys 1		
	Sport – Football	Sport – Table Tennis		
	Knowledge – Leadership	Knowledge – Officiating		
	Character -	Character –		
	Sportsmanship/respect	Independence/organisation		
	Block 3	Boys 2		
		Sport – Football		
	Boys 1	Knowledge – Leadership		
	Sport – Table Tennis	Character –		
	Knowledge – Officiating	Sportsmanship/respect		
	Character –	1, 1,		
	Independence/organisation	Girls 1		
		Sport – Rugby		
		Knowledge –		
		Leadership/fitness		
		Character - Teamwork		
		Girls 2		
		Sport – Fitness		
		Knowledge – Fitness, health		
		and wellbeing		
		Character - independence		
		, ·		