

# 2021– 2022

## Spring Summer 2022



MAIN ONE

MAIN TWO

MAIN THREE

SIDES

HOT TO GO

### 'GREEN EARTH' MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Meatball Marinara Sub Roll	Chicken Korma Served with Mixed Rice	Roast of the Day with Traditional Accompaniments Or Traditional Hot Roast Baguette	Tuna & Salmon Pasta Bake	Deep Fried Fish with Tartar Sauce
Vegetable Chilli with Spicy Rice*	Mediterranean Vegetable Lasagne*	Cauliflower Cheese & Pasta Bake or Cumin Roasted Cauliflower, Pasta & Spinach Bake (Ve)*	Spicy Vegetable Pitta with Optional Piri Piri Sauce*	A Selection of French Bread Pizza
	Chicken Fajita with Cajun Sweet Potato Wedges	Piri Piri Chicken Taco with Rice & Sweetcorn	Korean Sticky Chicken & Noodles	
Garden Peas Fresh Coleslaw Baked Beans Garden Salad	Roasted Pepper & Sweetcorn Green Beans Baked Beans Garden Salad	Roast Potatoes Carrots Broccoli Garden Salad	Minted Peas Mixed Vegetables Baked Beans Garden Salad	Chipped Potatoes Mushy/Garden Peas Baked Beans Garden Salad

Available Daily:  
Hot Dessert of the Day plus Fresh Fruit Salad  
Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads

\*Vegan option available

# WEEK ONE

# CORE MENU

# 2021– 2022

## Spring Summer 2022



**MAIN ONE**

**MAIN TWO**

**MAIN THREE**

**SIDES**

**HOT TO GO**

	<b>'GREEN EARTH' MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Oven Baked Vegetable Quesadillas*	Turkey, Leek & Vegetable Pie with Baby Baked Potatoes	Roast of the Day with Traditional Accompaniments Or Traditional Hot Roast Baguette	Butchers Sausage & Mash with Caramelised Onion Gravy	Deep Fried Fish with Tartar Sauce
	Mozzarella, Tomato & Roasted Vegetable Pasta*	Loaded Mac & Cheese with Crispy Onions	Roasted Vegetable Bake with Herb Gravy*	Quorn Hot Dog with Paprika Wedges*	A Selection of Freshly Made Burritos*
		Classic Cajun Dirty Rice*	Sweet & Sour Chicken Meatballs & Noodles	Traditional Pork Sausage Roll with Baked Potato Wedges*	
	Broccoli Rainbow Slaw Garden Salad	Fresh Carrots Mixed Greens Garden Salad	Roast Potatoes Red Cabbage Sweetcorn & Peas Garden Salad	Broccoli Cauliflower Garden Salad	Chipped Potatoes Mushy/Garden Peas Baked Beans Garden Salad
<p>Available Daily: Hot Dessert of the Day plus Fresh Fruit Salad Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls &amp; Wraps, Fresh Salads</p>					
*Vegan option available					

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MAIN ONE

MAIN TWO

MAIN THREE

SIDES

HOT TO GO

	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	Classic Pasta & Veggie Mince Bolognese*	Lamb Shepherd's Pie Topped with Colcannon Mash	Roast of the Day with Traditional Accompaniments Or Traditional Hot Roast Baguette	Pulled Pork or Chicken Bap with Salted Chilli Wedges/ Mixed Rice	Deep Fried Fish/Fish Fingers with Tartar Sauce
MAIN TWO	Vegetable Balti with Mixed Rice*	Chinese Chip Shop Curry Vegetables with Mixed Rice	Roasted Vegetable Bake with Herb Gravy*	Italian Pasta Primavera*	Homemade Onion Bhaji Burger with Chilli Sauce & Masala Spiced Fries*
MAIN THREE		Chinese Chip Shop Curry Chicken with Mixed Rice	Arancini Patty with Basil Pesto & Tomato*	Classic Pasta Bolognese	
SIDES	Garden Peas Roasted Carrots Garden Salad	Green Beans Cumin Roast Cauliflower Garden Salad	Roast Potatoes Broccoli Fresh Carrots Garden Salad	Sweetcorn Roasted Mediterranean Vegetables Garden Salad	Chipped Potatoes Mushy/Garden Peas Baked Beans Garden Salad
HOT TO GO	Available Daily: Hot Dessert of the Day plus Fresh Fruit Salad Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads				
	*Vegan option available				

WEEK THREE

CORE MENU