

CO-CURRICULAR TIMETABLE 2022

Day	Group	Description	Year Groups	Teacher	Times	Location
Monday	Girls Touch Rugby	Try out for a new sport or come and hone your skills and play games against other schools. All abilities welcome.	All Year Groups	Castleford RUFC	3.05pm - 4pm	Field
	Table Tennis	All abilities welcome to play against each other in a fun environment, be warned, it can get quite competitive!	All Year Groups	Mr Parker external Table tennis coach	8.00am - 8.40am	Gym
	Years 7, 8 & 9 Girls (S & C)	Strength and conditioning for sports academy students.	Years 7, 8 and 9	Mr O'Brien/ Miss Powell	8.00am - 8.40am	Sportshall/ Outdoor
Tuesday	Volleyball	Play volleyball against each other and learn a new sport. All abilities welcome.	All Year Groups	Mr Metcalfe/ Ms Powell	8.00am - 8.40am	Gym
	Boys Basketball	Basketball training, leading to playing games against other schools. All abilities welcome.	Year 10	Mr Leeson	8.00am - 8.40am	Sports Hall
	Debate Club	Do you love to argue? Do you see important things happening in the world around you and wish you had a voice to make a change? Do you wonder whether there are like-minded people, desperate to make their voices heard? Then this club is for you! From current events, politics and controversial topics, making your voice heard is important in today's world.	All Year Groups	Mr Mellenthin	3.10pm - 4.10pm	E8
	Ancient History Club	Back by popular demand! Why did Egyptians build pyramids? How did the Romans take over the known world? How did the Greeks know so much? If you want to know how people lived thousands of years ago then Ancient History Club is for you!	Years 7, 8 and 9	Miss Dawber	3.05pm - 4.00pm	H4
	Young Designers	Young Designers will collaborate to design and make innovative solutions while exploring the world of Design and Engineering.	Years 7, 8 and 9	Mr Hayward/ Mr Swindles	3.05pm - 4.05pm	A3
	Science Club	Prepare your Science Fair Project. Will you investigate if the colour of light affects plant growth? What type of food allows mould to grow fastest? Can humans or animals see better in the dark? Does age affect human reaction times? Can background noise affect how well we concentrate? Does the colour of food or drink affect whether or not we like them? Where are the most bacteria in school?	Years 7, 8 and 9	Miss Foster/Mr Cooper	3.05pm - 4.05pm	S3
	Science Drop in	An opportunity to drop in for support with home learning and to develop practical skills.	Year 10 and 11	Mr Whittaker/Mrs Leeson	3.05pm - 4.05pm	S1
	Stage Band	Traditional Instrumentalists can learn to perform popular, classical, film and tv themes as part of a school orchestra.	All Years Groups	Mrs Buckingham	3.05pm - 4.30pm	A1
	GCSE Composition	For students who would like extra time to work on their GCSE Music compositions before school in the Music Department.	Year 10	Mrs Buckingham	8.30am - 9.00am	A1
	Girls High Jump	High jump practice. All abilities welcome.	All Year Groups	Miss Turner	8.00am - 8.40am	Gym
	Years 7 & 8 Boys (S&C)	Strength and conditioning for sports academy students.	Years 7 and 8	Mr O'Brien/ Mr	8.00am - 8.40am	Outdoor
	Years 9 & 10 Boys (S&C)	Strength and conditioning for sports academy students.	Years 9 and 10	Metcalfe Mr O'Brien/ Mr Metcalfe	8.00am - 8.40am	Outdoor
	Athletics	Athletics practice. All abilities welcome.	All year groups	Mr Fawcett/Mr Leeson/Mrs Mckinney/Miss Turner/Miss Powell/ Mr Metcalfe	3.05pm - 4.05pm	Outdoor
	Rugby Training (invite only)	Extra rugby training.	Selected Year Groups (weekly)	Mr O'Brien	3.05pm - 4.05pm	Outdoor
	Boys Basketball	Basketball training, leading to playing games against other schools. All abilities welcome.	Year 9	Mr Fawcett	8.00am - 8.40am	Sports Hall
	Study Space	An opportunity to complete homework in school with support from your teachers.	All Year Groups	Mr Taylor/Mrs Curran	3.05pm - 4.05pm	LRC
Wednesday	Boys Basketball	Basketball training, leading to playing games against other schools. All abilities welcome.	Year 7	Mr Fawcett	8.00am - 8.40am	Sports Hall
	Mind Space	A quiet space for Year 11 students to have their lunch and read/draw/write or just relax.	Year 11	Mrs Parsons	1.35pm - 2.05pm	E2
	Rock Band	For students interested in developing instrument skills on rock band instruments. Learn to perform popular and rock music as part of a band using voice, guitars, keys, bass and drums.	Years 7, 8 and 9	Mrs Buckingham/ Mrs Parsons	3.05pm - 4.15pm	A1
	Books and Cookies	Read, listen to others reading and enjoy some scrumptious cookies.	Years 7, 8 and 9	Mr Caw	3.10pm - 4.10pm	E4
	Creative History Club	Viking longboats, Saxon shields, Norman castles. Come to Creative History Club if you want to find out and make your own versions of these important historical artefacts. If you want to get messy, get your creative juices flowing and have some 'all round history fun' then Creative History Club is for you!	Years 7, 8 and 9 Mr Macdonald	Mr Macdonald	3.05pm - 4.00pm	H5
	Study Space	An opportunity to complete homework in school with support from your teachers.	All Year Groups	Mr Taylor/ Mrs Curran	3.05pm - 4.05pm	LRC



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Wednesday	Rugby	Rugby training for each year group separately on the same night, leading to playing games against other schools.	Years 9 and 10	Mr Fawcett/Mr Leeson/Mr O'Brien/ Mr Metcalfe	3.05pm - 4.00pm	Field
	GCSE Composition	For students who would like extra time to work on their GCSE Music compositions before school in the Music Department.	Year 10	Mrs Buckingham	8.30am -9.00am	A1
	Dance Club	For all abilities across all year groups, preparing a piece for Kings Fest in Summer Term 6 2022	All Year Groups	Mrs Buckingham Miss Maguire	3.05pm - 4.15pm	A8
	Year 7 & 8 Boys High Jump	High Jump Practice.	Years 7 and 8	Mr Leeson	8.00am - 8.40am	Gym
	Rounders	Rounders practice. All abilities welcome.	All Year Groups	Miss Turner/ Mrs Mckinney/ Miss Powell	3.05pm - 4.05pm	Outdoor
Thursday	Boys Basketball	Basketball training leading to playing games against other schools. All abilities welcome.	Year 8	Mr Leeson	8.00am - 8.40am	Sports Hall
	Unique Ukuleles	For anyone interested in developing instrument skills on ukulele. Learn to perform popular and rock music as part of a band using ukuleles.	All Years	Mr Gordon	8.30am - 8.50am	A1
	DJ Club	Develop DJ skills such as mixing, looping, controlling effect and build confidence to perform to a live audience.	Years 7, 8 and 9	Mr Gordon	3.05pm - 4.05pm	A1
	Creative Writing Club	A creative writing club with lots of competitions and inspirational prompts. Share your stories, poetry, songs and projects.	All Year Groups	Miss Lambert	3.05pm - 4.05pm	C2
	Art Club	Explore a broad range of skills and techniques to enhance your practical ability in Art & Design.	Years 7, 8 and 9	Mrs Sefton	3.05pm - 4.05pm	A7
	Maths Challenge Training	If you enjoy solving problems and mathematical challenges then this is the club for you!	Years 7, 8 and 9	Mrs Johnson	3.05pm - 4.05pm	M9
	Study Space	An opportunity to complete homework in school with support from your teachers.	All Year Groups	Mr Taylor/ Mrs Curran	3.05pm - 4.05pm	LRC
	Rugby Training (invite only)	Extra Rugby Training.	Selected Year Groups (weekly)	Mr O'Brien	3.05pm - 4.05pm	Outdoor
	Gym and Dance Club	All abilities welcome to take part in dance and gymnastics.	All Year Groups	Ms Shaw	3.05pm - 4.00pm	Gym
	Art Skills Building Workshop	Explore a broad range of techniques not currently covered in the classroom. All work produced will support your GCSE submissions.	Years 10 and 11	Miss Treble	3.05pm - 4.05pm	A6
	Drama Llamas	Practising drama in a fun energetic environment, exploring plays and devising original material. Preparing a piece for King's Fest in the summer, Term 6 2022.	Years 7, 8 and 9	Miss Jackson	3.05pm - 4.00pm	A9
	Science Club	Prepare your Science Fair Project. Will you investigate if the colour of light affects plant growth? What type of food allows mould to grow fastest? Can humans or animals see better in the dark? Does age affect human reaction times? Can background noise affect how well we concentrate? Does the colour of food or drink affect whether or not we like them? Where are the most bacteria in school?	Years 7, 8 and 9	Mrs Lawson/Miss Bodsworth/Mr Turner	3.05pm - 4.00pm	S2
	Cooking Club	Enhance and develop catering skills in KS3, by creating new and tasty dishes each week (students will need to bring in ingredients from Week 2 onwards).	Years 7, 8 and 9	Ms Crane/Mr Swindles	3.05pm - 4.05pm	A11
	King's Fest Rehearsal	Prepare for for King's Fest in Summer Term 6 2022.	All Year Groups	Mrs Buckingham	3.05pm - 4.15pm	Music Department
	Athletics	Athletics practice. All abilities welcome.	All Year Groups	Mr Fawcett/Mr Leeson/Mrs Mckinney/Mrs Turner/ Miss Powell/Mr Metcalfe	3.05pm - 4.05pm	Outdoor
	Boys High Jump	High Jump Practice.	Years 9 & 10	Mr Metcalfe	8.00am - 8.40am	Gym



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Friday	Flautastic	Flute ensemble for flute players of all abilities.	All Year Groups	Mrs Buckingham	8.30am - 9.15am	A2
	Perfect Pitch	Practise singing within an ensemble using harmonies. We cover a range of music from musical theatre to pop. There will be plenty of opportunities to perform in concerts and have solo lines. The more we have the better it will sound!	All Year Groups	Miss Jackson	8.30am - 9.00am	A9
	Girls Basketball	Basketball training leading to playing games against other schools. All abilities welcome.	Years 7, 8 and 9	Mrs McKinney	8.00am - 8.40am	Sports Hall
	Study Space	An opportunity to complete homework in school with support from your teachers.	All Year Groups	Mr Taylor/ Mrs Curran	3.05pm - 4.05pm	LRC
	Badminton	Play against each other in a fun environment, be warned, it can get quite competitive! All abilities welcome.	All Year Groups	Mr Cooper	3.05pm - 4.00pm	Sports Hall
	Netball	Netball training, leading to playing games against other schools. All abilities welcome.	Years 8 and 9	Mrs McKinney/Miss Turner/Miss Powell	3.05pm - 4.00pm	Sports Hall/ Courts
	Netball	Netball training, leading to playing games against other schools. All abilities welcome.	Year 7	Mrs McKinney/Miss Turner/Miss Powell	3.05pm - 4.00pm	Sports Hall/ Courts
	Netball	Netball training, leading to playing games against other schools. All abilities welcome.	Year 10	Mrs McKinney/Miss Turner/Miss Powell	3.05pm - 4.00pm	Sports Hall/ Courts
	Rugby	Rugby training - Years 7 and 8 students welcome.	Years 7 and 8	Mr Fawcett/Mr Leeson/Mr O'Brien/ Mr Metcalfe	3.05pm - 4.00pm	Field