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WEEK ONE 14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 8th Sept, 29th Sept, 20th Oct

Spring Summer

	Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Spring Harvest Quesadilla with Cheese, Potato, Spring Onion and Tomato Salsa (V)  	Chilli BBQ Beef & Bean Ragu with Penne    	Roast Chicken with Gravy & Roasties   	Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice    	Sustainably Sourced Battered Fish & Chips 
MEAT FREE	Crispy Onion Mac & Cheese (V) 	Vegetable Chilli Rice & Salad (Ve)   	Roast Quorn with Gravy & Roasties 	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)   	Cheese & Tomato Pizza & Wedges/ Chips  
GRAB & GO	Sausage Roll 	Chicken Tuesday	Hot Dog	Southern Fried Chicken	Pepperoni Pizza & Wedges/ Chips  
SIDES	Broccoli, Baked Beans, Mixed Salad, Crisp Garlic Bread   	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans & Mixed Salad   	Country Mixed Vegetables, Baked Beans or Mixed Salad   	Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges   	Peas, Baked Beans or Mixed Salad   
TODAY'S DESSERTS	Marble Cake	Iced Sponge	Ginger Cake & Custard 	Giant Chocolate Cookie	Apple Crumble & Custard  

Slow-Release Energy Foods



For a Healthy Gut



Brain Boost



Contains Calcium



Contains Iron



Contains Protein


























































V - Vegetarian VE - Vegan

Lunch Menu

WEEK TWO 21st April, 12th May, 2nd June, 23rd June, 14th July, 25th Aug, 15th Sept, 6th Oct, 27th Oct

Spring Summer



Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Beef Burrito    	Sausage & Mash    	Roast Gammon , Crispy Roasties & Pan Gravy  	Meatballs with Cheese and Arrabbiata Sauce & Penne Pasta  	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Nuggets & Chips 
Buffalo Cauliflower & Mixed Bean Burrito    	Quorn Sausage & Mash  	Quorn Roast with Roast Potatoes & Pan Gravy  	Vegi mince Cottage Pie    	Cheese & Tomato Pizza & Wedges/Chips  
Panini of the Day  	Chicken Tuesday	Sticky Honey Hot Dog 	Southern Fried Chicken 	Pepperoni Pizza & Wedges/Chips  
Broccoli, Baked Beans, Mixed Salad, Crisp Bread    	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans. Mixed Salad    	Seasonal Mixed Vegetables, Baked Beans, Mixed Salad    	Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad    	Peas, Baked Beans or Mixed Salad    
Lemon & Blueberry Slice with Custard 	Flapjack	Iced Vanilla Sponge with Custard 	Jam Sponge or Cornflake Cake	Giant Chocolate Cookie

Lunch Menu

WEEK THREE 28th April, 19th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov

Spring Summer













































STAR
DISH

MEAT
FREE

GRAB
& GO

SIDES

TODAY'S
DESSERTS

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Bolognese Pasta with Garlic Bread	Beak Street Chicken with Savoury Rice & BBQ Glaze   	Roast chicken with Gravy & Roast Potatoes    	Butter Chicken & Chickpea Curry with Rice    	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 
Vegetable Bolognese Pasta with Garlic Bread Slice   	Brazilian Vegetable Stew with Savoury Rice (Ve)   	Quorn Roast  	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V)   	Cheese & Tomato Pizza & Wedges/ Chips  
Battered Chicken Burger	Chicken Tuesday  	Jumbo Sausage Roll 	Southern Fried Chicken	Pepperoni Pizza & Wedges/ Chips  
Broccoli, Baked Beans, Mixed Salad & Crisp Garlic Bread Baked Beans   	Baked Beans, Roasted Sweetcorn, Garden Salad & Wedges   	Italian Garden Salad, Country Mixed Vegetables	Baked Beans, Steamed Broccoli   	Peas, Baked Beans or Mixed Salad   
Jam Sponge	Marble Chocolate Sponge with Custard 	Lemon Drizzle Cake	Iced Orange & Ginger Traybake with Custard 	Giant Vanilla Cookie

Slow-Release
Energy Foods



For a
Healthy Gut



Brain
Boost



Contains
Calcium



Contains
Iron



Contains
Protein



V - Vegetarian VE - Vegan