



*Be*  
**KING'S**



**AUTUMN/WINTER  
CO-CURRICULAR  
PROGRAMME**



# Welcome to our new co-curricular programme.

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This programme will provide you with details of all of our after-school clubs that are available for you to attend. Remember that regular attendance at one of our after-school clubs contributes towards your KS3 Graduation. Research tells us that those who participate in co-curricular activities achieve higher grades, and those who participate develop skills such as teamwork, communication and resilience - qualities that are highly regarded by colleges and employers.

We hope that you find a club that suits your interests. If you have any ideas for clubs that you would like to be included in future co-curricular programmes, please discuss them with your form tutor.



SCHEDULE OF ACTIVITIES				
DAY	CLUB	TIME	WHERE	WHO
MONDAY	Boys Basketball	7.40am - 8.20am	Sports Hall	Year 9
	Pump It Up – Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Spanish Highflyers	2.35pm – 3.20pm	L1	Year 11
TUESDAY	Year 7 Boys Basketball	7.40am - 8.20am	Sports Hall	Year 7
	Pump It Up – Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Battle of the Bands	2.45pm – 4.00pm	A1	All Year Groups
	Board Games	2.35pm – 3.20pm	L2	Year 7, 8, 9, 10
	Year 9 Boys Football	2.35pm – 3.30pm	Field	Year 9
	Year 10 Boys Football	2.35pm – 3.30pm	Field	Year 10
	Netball	2.35pm – 3.30pm	Sports Hall	Year 9, 10, 11
	Year 10 Girls Netball	2.35pm – 3.30pm	Sports Hall	Year 10
	Year 11 Girls Netball	2.35pm – 3.30pm	Sports Hall	Year 11
	Hospitality & Catering / Engineering Year 11 Boost	3.20pm – 4.05pm	A6	Year 11
	Science Club	2.35pm – 3.30pm	Science	Year 7, 8, 9
	Study Space	2.35pm – 3.25pm	Library	All Year Groups
	Y10 Art & Photography	2.35pm - 3.20pm	A7	Year 10
WEDNESDAY	Year 8 Boys Basketball	7.40am - 8.20am	Sports Hall	Year 8
	Pump It Up Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	After School Rugby	2.35pm - 3.30pm	Field	Invite Only
	Art KS3 Homework Club	2.35pm – 3.20pm	A7	Year 7, 8, 9
	Chess Club	2.35pm – 3.20pm	H3	All Year Groups
	Choir	2.35pm – 4.00pm	A9	All Year Groups
	Code Club	2.35pm – 3.35pm	C1	All Year Groups
	Darts Club (invite only)	2.35pm – 3.30pm	Sports Hall	Year 9 (invite only)

SCHEDULE OF ACTIVITIES				
DAY	CLUB	TIME	WHERE	WHO
	Duke of Edinburgh	2.35pm – 3.20pm	A5	Year 10
	Year 7 Girls Netball	2.35pm – 3.30pm	Sports Hall	Year 7
	Year 8 Girls Netball	2.35pm – 3.30pm	Sports Hall	Year 8
	Spanish Highflyers	2.35pm – 3.20pm	L1	Year 10
	Study Space	2.35pm – 3.25pm	Library	All Year Groups
THURSDAY	Basketball	7.40am – 8.20am	Sports Hall	Year 10 & 11
	Pump It Up – Morning Weights	7.40am – 8.20am	Fitness Suite	All Year Groups
	Volleyball	7.40am – 8.20am	Gym	All Year Groups
	Enhanced Science Skills	2.35pm – 3.30pm	Science	Year 10 (invite only)
	Girls Football	2.35pm – 3.30pm	Field	All Year Groups
	Gym and Dance Club	2.35pm – 3.30pm	Gym	All Year Groups
	Hospitality & Catering / Engineering Year 10 Boost	2.35pm – 3.20pm	A12	Year 10
	Language Ambassadors	2.35pm – 3.20pm	L3	Year 7, 8, 9, 10
	Oliver – School Production	2.45pm – 4.30pm	A9 / Hall when possible	All Year Groups
	Sparx Club	2.35pm - 3.30pm	Library	Year 7, 8, 9 & 10
	Study Space	2.35pm – 3.25pm	Library	All Year Groups
FRIDAY	Badminton Club	7.40am – 8.20am	Gym	All Year Groups
	Pump It Up – Morning Weights	7.40am – 8.20am	Fitness Suite	All Year Groups
	Table Tennis Club	7.40am – 8.20am	Gym	All Year Groups
	Year 7 Football	2.35pm – 3.30pm	Field	Year 7
	Year 8 Football	2.35pm – 3.30pm	Field	Year 8
	Girls Rugby	2.35pm – 3.30pm	Field	Year 7, 8, 9, 10
	KS3 Free-drawing/ Doodle Club	2.25pm-3.25pm	A6	Year 7, 8, 9
	Oliver – School Production	2.45pm – 4.30pm	A9/Hall when possible	All Year Groups
	Study Space	2.35pm – 3.25pm	Library	All Year Groups



# BOYS BASKETBALL

Day / time:	Monday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 9

**What will you get up to?**  
Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone your skills on the court.

# PUMP IT UP! - MORNING WEIGHTS

Day / time:	Monday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

**What will you get up to?**  
Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

# SPANISH HIGHFLYERS

Day / time:	Monday, 2.35pm - 3.20pm
Where?	L1
Who for?	Year 11

**What will you get up to?**  
Invite only - specific key dates during the year. Explore higher level vocabulary and enhance your exam technique to aid you achieve a grade 7+ in GCSE Spanish.

TUESDAY

# BOYS BASKETBALL

Day / time:	Tuesday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 7

**What will you get up to?**  
Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone you skills on the court.



# PUMP IT UP! - MORNING WEIGHTS

Day / time:	Tuesday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

**What will you get up to?**  
Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

# BATTLE OF THE BANDS

Day / time:	Tuesday, 2.45am - 4.00am
Where?	A1
Who for?	All Year Groups

**What will you get up to?**  
Amp up. Rock out. Only one band will win!



# BOARD GAMES

Day / time:	Tuesday, 2.35pm - 3.20pm
Where?	L2
Who for?	Years 7, 8, 9, 10

**What will you get up to?**  
Roll the dice, draw your cards, and dive into the ultimate board game showdown! Join the Games Club for epic strategy, laughs, and new friendships.

# HOSPITALITY & CATERING / ENGINEERING YEAR 11 BOOST

Day / time:	Tuesday, 3.20pm - 4.05pm
Where?	A6
Who for?	Year 11

**What will you get up to?**  
An opportunity to use computers to catch up with vital elements of your coursework.



# BOYS FOOTBALL

Day / time:	Tuesday, 2.35pm - 3.30pm
Where?	Field
Who for?	Year 9, 10

**What will you get up to?**  
Love football or eager to learn? The Boys Football Club is the place to be after school! Open to all skill levels, our club is all about improving your game, staying active, and having fun with your teammates. From basic drills to exciting matches, you will develop your skills, build teamwork, and make great friends along the way. Whether you're aiming to score goals or just want to enjoy the beautiful game, come join us on the pitch and let's play some football!.

# GIRLS NETBALL

Day / time:	Tuesday, 2.35pm - 3.30pm
Where?	Sports Hall
Who for?	Year 9, 10, 11

**What will you get up to?**  
Come and play on court to develop your skills in a fast-paced game of netball that will develop your ability to pass, shoot and defend your way to victory. Unleash your competitive spirit on the netball court.



# SCIENCE CLUB

Day / time:	Tuesday, 2.35pm - 3.30pm
Where?	Science
Who for?	Years 7, 8, 9

**What will you get up to?**  
Explore the mysteries of the world of Science. It will open the doors to a world of discovery where curiosity knows no bounds and imagination becomes reality. Enjoy lots of different electrifying experiments that challenge your assumptions and unveil the mysteries of the universe.

# STUDY SPACE

Day / time:	Tuesday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

**What will you get up to?**  
Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.



# Y10 ART & PHOTOGRAPHY

Day / time:	Tuesday, 2.35pm - 3.20pm
Where?	A7
Who for?	Year 10

**What will you get up to?**  
Brushes, lenses, and a bit of magic - welcome to your creative escape to support your home learning and classwork.



**WEDNESDAY**

## BOYS BASKETBALL

<b>Day / time:</b>	Wednesday, 7.40am - 8.20am
<b>Where?</b>	Sports Hall
<b>Who for?</b>	Year 8

### What will you get up to?

Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone your skills on the court.

## ART KS3 HOMEWORK CLUB

<b>Day / time:</b>	Wednesday, 2.35pm - 3.20pm
<b>Where?</b>	A7
<b>Who for?</b>	Year 7, 8, 9

### What will you get up to?

Do you like creating and making? Then join Mrs Pickering and the creative crew in D6. There will be an opportunity to help with making props for the upcoming stage show and enter creative competitions throughout the term.

## PUMP IT UP! – MORNING WEIGHTS

<b>Day / time:</b>	Wednesday, 7.40am - 8.20am
<b>Where?</b>	Fitness Suite
<b>Who for?</b>	All Year Groups

### What will you get up to?

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

# AFTER SCHOOL RUGBY

Day / time:	Wednesday, 2.35pm - 3.30pm
Where?	Field
Who for?	Invite Only

**What will you get up to?**  
Get ready to tackle, pass, and score with the After-School Rugby League Club! Perfect for all skill levels, our club offers a great opportunity to learn the game, improve your skills, and be part of a close-knit team. From beginners to seasoned players, everyone is welcome to join the fun. Enjoy action packed training sessions, friendly games, and a supportive atmosphere where you can build confidence, fitness, and teamwork. Come be a part of the excitement - let's play some Rugby League!



# CHESS CLUB

Day / time:	Wednesday, 2.35pm - 3.20pm
Where?	H3
Who for?	All Year Groups

**What will you get up to?**  
Outsmart, outplay, outcheckmate. Come and join our chess club - the ultimate power move after school.

# CHOIR

Day / time:	Wednesday, 2.35pm - 4.00pm
Where?	A9
Who for?	All Year Groups

**What will you get up to?**  
Find your voice, make harmony, and be part of something beautiful.

# CODE CLUB

Day / time:	Wednesday, 2.35pm - 3.35pm
Where?	C1
Who for?	All Year Groups

**What will you get up to?**  
Learn to speak the language of the future and unlock the secrets of software, coding, computer games, animations and websites. This club will include competition opportunities such as Mission Zero. Come and join us and write your own code for success.



## DARTS CLUB

<b>Day / time:</b>	Wednesday 2.35pm - 3.30pm
<b>Where?</b>	Sports Hall
<b>Who for?</b>	Year 9 (invite only)

### What will you get up to?

Could you be the next Luke Littler? Not only is darts a great social activity but it improves your concentration, sharpens your mind and improved your hand eye coordination. It's also great to improve your Maths skills. Places are limited, so please sign up. Pupils will be closely supervised and instructions clearly communicated about safe play.



## DUKE OF EDINBURGH

<b>Day / time:</b>	Wednesday, 2.35pm - 3.20pm
<b>Where?</b>	A5
<b>Who for?</b>	Year 10

### What will you get up to?

Join us for an informal drop-in session designed for DofE students! Whether you're unsure about how to fill out your evidence, need guidance on specific sections of the program, or have any other questions, we're here to help. No appointment needed – just stop by, ask your questions, and get the support you need to make your DofE experience a success!

## GIRLS NETBALL

<b>Day / time:</b>	Wednesday, 2.35pm - 3.30pm
<b>Where?</b>	Sports Hall
<b>Who for?</b>	Year 7 & 8

### What will you get up to?

Come and play on court to develop your skills in a fast-paced game of netball that will develop your ability to pass, shoot and defend your way to victory. Unleash your competitive spirit on the netball court.

## SPANISH HIGHFLYERS

<b>Day / time:</b>	Wednesday, 2.35pm - 3.20pm
<b>Where?</b>	L1
<b>Who for?</b>	Year 10

### What will you get up to?

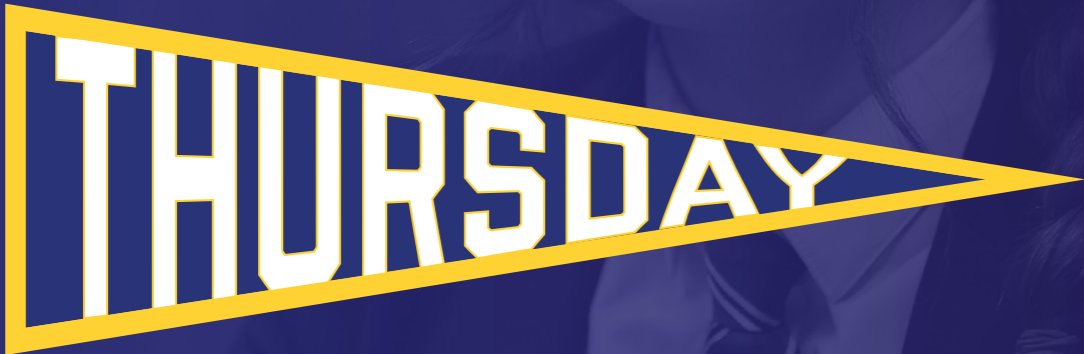
Invite only - for Year 10 GCSE students aiming to achieve a grade 7+. Explore higher level vocabulary and enhance your exam technique to aid you achieve a grade 7+ in GCSE Spanish.

## STUDY SPACE

<b>Day / time:</b>	Wednesday, 2.35pm - 3.25pm
<b>Where?</b>	Library
<b>Who for?</b>	All Year Groups

### What will you get up to?

Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.



# BASKETBALL

Day / time:	Thursday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 10, 11

**What will you get up to?**  
Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone your skills on the court.

# PUMP IT UP! - MORNING WEIGHTS

Day / time:	Thursday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

**What will you get up to?**  
Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

# VOLLEYBALL

Day / time:	Thursday, 7.40am - 8.20am
Where?	Gym
Who for?	All Year Groups

**What will you get up to?**  
The Volleyball Club is the perfect place for students of all skill levels to learn, play, and make new friends! Whether you’re new to the game or a seasoned player, our friendly coach will help you improve your skills, from serving and spiking to teamwork and strategy. Meet up with us after school for exciting matches, drills, and a supportive team environment. Come ready to have fun, stay fit, and bring your A-game! Let’s bump, set, and spike our way to victory!

# ENHANCED SCIENCE SKILLS

Day / time:	Thursday, 2.35pm - 3.30pm
Where?	Science
Who for?	Year 10 (invite only)

**What will you get up to?**  
In this club, you'll dive deeper into the Separate Science GCSE content - Biology, Chemistry and Physics - through focused lessons, experiments, and revision activities. It's perfect for students aiming for high grades and looking to go on to study A-level Sciences.



# GIRLS FOOTBALL

Day / time:	Thursday, 2.35pm - 3.30pm
Where?	Field
Who for?	All Year Groups

**What will you get up to?**  
Calling all girls who love football or want to give it a try! Our Girls Football Club is the perfect place to learn new skills, stay active, and have a great time with friends. Whether you are new to the game or have some experience, all skill levels are welcome. Our club focuses on teamwork, technique, and most importantly, having fun on the field. Come be part of an empowering and supportive team - let's score some goals together!

# GYM & DANCE CLUB

Day / time:	Thursday, 2.35pm - 3.30pm
Where?	Gym
Who for?	All Year Groups

**What will you get up to?**  
Due to popular demand and delivered by our very own Mrs Shaw a qualified Gymnastics Coach. This club is open to any student who wants to advance their skills that they've learnt in the curriculum and shapes their body and also their mind. Gymnastics Club develops discipline, resilience and the thrill of defying gravity with every twist, flip and leap.

# HOSPITALITY & CATERING / ENGINEERING YEAR 10 BOOST

Day / time:	Thursday, 2.35pm - 3.20pm
Where?	A12
Who for?	Year 10

**What will you get up to?**  
An opportunity to use computers to catch up with vital elements of your coursework.

# LANGUAGE AMBASSADORS

Day / time:	Thursday, 2.35pm - 3.20pm
Where?	L3
Who for?	Year 7, 8, 9, 10

**What will you get up to?**  
Speak up, connect cultures and have fun! Join the Language Ambassador Club and be part of a global adventure.

# SPARX CLUB

Day / time:	Thursday, 2.35pm -3.30pm
Where?	Library
Who for?	Year 7, 8, 9, 10

**What will you get up to?**  
Ignite your mind, solve the challenge, and spark your success with the Sparx Maths Club.

# OLIVER – SCHOOL PRODUCTION

Day / time:	Thursday, 2.45pm - 4.30pm
Where?	A9 / Hall when possible
Who for?	All Year Groups

**What will you get up to?**  
The show’s coming to life! Join Oliver rehearsals and be part of something unforgettable. Due to start in November after auditions have been held.

# STUDY SPACE

Day / time:	Thursday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

**What will you get up to?**  
Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.



# BADMINTON CLUB

Day / time:	Friday, 7.40am - 8.20am
Where?	Gym
Who for?	All Years Groups

**What will you get up to?**

Looking for a fun and energetic way to spend your afternoons? Come join the Badminton Club! Perfect for players of all levels, our club offers a great opportunity to learn the game, improve your skills, and enjoy friendly matches. Whether you're a beginner or an experienced player, you'll love the fast-paced rallies, skill-building drills, and the chance to make new friends. Grab your racket and shuttle, and get ready to smash your way to fun and fitness!



# PUMP IT UP – MORNING WEIGHTS

Day / time:	Friday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

**What will you get up to?**

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

# TABLE TENNIS CLUB

Day / time:	Friday, 7.40am - 8.20am
Where?	Gym
Who for?	All Year Groups

**What will you get up to?**

Our Table Tennis Club is the perfect place for players of all levels! Whether you are a beginner eager to learn or a seasoned pro looking to challenge your skills, you'll enjoy friendly matches, coaching tips, and a supportive environment. Meet new friends, improve your reflexes, and have a blast with every rally. Grab your paddle and join us for some fast-paced fun!



# FOOTBALL

Day / time:	Friday, 2.35pm - 3.30pm
Where?	Field
Who for?	Year 8

**What will you get up to?**

Love football or eager to learn? The Boys Football Club is the place to be after school! Open to all skill levels, our club is all about improving your game, staying active, and having fun with your teammates. From basic drills to exciting matches, you will develop your skills, build teamwork, and make great friends along the way. Whether you're aiming to score goals or just want to enjoy the beautiful game, come join us on the pitch and let's play some football!

# GIRLS RUGBY

Day / time:	Friday, 2.35pm – 3.30pm
Where?	Field
Who for?	Year 7, 8, 9, 10

### What will you get up to?

Get ready to tackle, pass, and score with the After-School Rugby League Club! Perfect for all skill levels, our club offers a great opportunity to learn the game, improve your skills, and be part of a close-knit team. From beginners to seasoned players, everyone is welcome to join the fun. Enjoy action packed training sessions, friendly games, and a supportive atmosphere where you can build confidence, fitness, and teamwork. Come be a part of the excitement - let's play some Rugby League!



# KS3 FREE-DRAWING/DOODLE CLUB

Day / time:	Friday, 2.25pm - 3.25pm
Where?	A6
Who for?	Year 7, 8, 9

### What will you get up to?

Bring your own materials and artwork to share with friends.

# OLIVER – SCHOOL PRODUCTION

Day / time:	Friday, 2.45pm - 4.30pm
Where?	A9/Hall when possible
Who for?	All Year Groups

### What will you get up to?

The show's coming to life! Join Oliver rehearsals and be part of something unforgettable. Due to start in November after auditions have been held.



# STUDY SPACE

Day / time:	Friday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

### What will you get up to?

Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.

THE KING'S

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