



Be
KING'S

**CO-CURRICULAR
PROGRAMME -
TERM 5 AND 6**



Welcome to our new co-curricular programme.

This programme will provide you with details of all of our after-school clubs that are available for you to attend. Remember that regular attendance at one of our after-school clubs contributes towards your KS3 Graduation. Research tells us that those who participate in co-curricular activities achieve higher grades, and those who participate develop skills such as teamwork, communication and resilience - qualities that are highly regarded by colleges and employers.

We hope that you find a club that suits your interests. If you have any ideas for clubs that you would like to be included in future co-curricular programmes, please discuss them with your form tutor.



SCHEDULE OF ACTIVITIES				
DAY	CLUB	TIME	WHERE	WHO
MONDAY	Pump It Up - Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Year 9 Boys Basketball	7.40am - 8.20am	Sports Hall	Year 9
TUESDAY	High Jump	7.40am - 8.20am	Gym	Year 9, 10
	Pump It Up - Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Year 7 Boys Basketball	7.40am - 8.20am	Sports Hall	Year 7
	Study Space	2.35pm - 3.25pm	Library	All Year Groups
	Athletics	2.35pm - 3.30pm	Field	All Year Groups
	Battle of the Bands	2.35pm - 3.30pm	A1	All Year Groups
	Journalism Club (coming soon)	2.35pm - 3.30pm	E9	Year 9, 10, 11
WEDNESDAY	High Jump	7.40am - 8.20am	Gym	All Year Groups
	Pump It Up - Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Year 8 Boys Basketball	7.40am - 8.20am	Sports Hall	Year 8
	Art KS3 Homework Club	2.35pm - 3.20pm	A7	Year 7, 8, 9
	Chess Club	2.35pm - 3.20pm	H3	All Year Groups
	Creative Writing	2.35pm - 3.20pm	LRC	Year 9, 10, 11
	Study Space	2.35pm - 3.25pm	Library	All Year Groups
	Battle of the Bands	2.35pm - 3.30pm	A1	All Year Groups
	Rounders	2.35pm - 3.30pm	Field	All Year Groups
	Code Club	2.35pm - 3.35pm	C1	All Year Groups

SCHEDULE OF ACTIVITIES				
DAY	CLUB	TIME	WHERE	WHO
THURSDAY	High Jump	7.40am - 8.20am	Gym	All Year Groups
	Netball	7.40am - 8.20am	Sports Hall	Year 7, 8, 9, 10
	Pump It Up - Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Duke of Edinburgh	2.35pm - 3.20pm	A5	Year 10
	Language Ambassadors	2.35pm - 3.20pm	L3	Years 7, 8, 9
	Language Ambassadors	2.35pm - 3.20pm	C1	Years 7, 8, 9
	Spanish TV Amigos	2.35pm - 3.20pm	L1	Year 7, 8, 9, 10
	Study Space	2.35pm - 3.25pm	Library	All Year Groups
	Athletics	2.35pm - 3.30pm	Field	All Year Groups
FRIDAY	Sparx Club	2.35pm - 3.30pm	Library	Year 7, 8, 9 & 10
	Badminton Club	7.40am - 8.20am	Sports Hall	All Year Groups
	Pump It Up - Morning Weights	7.40am - 8.20am	Fitness Suite	All Year Groups
	Table Tennis Club	7.40am - 8.20am	Gym	All Year Groups
	KS3 Free-drawing/ Doodle Club	2.35pm - 3.20pm	A6	Year 7, 8, 9
	Study Space	2.35pm - 3.25pm	Library	All Year Groups



PUMP IT UP! - MORNING WEIGHTS

Day / time:	Monday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

What will you get up to?

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.




YEAR 9 BOYS BASKETBALL

Day / time:	Monday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 9

What will you get up to?

Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone your skills on the court.



TUESDAY

HIGH JUMP

Day / time:	Tuesday, 7.40am - 8.20am
Where?	Gym
Who for?	Year 9, 10

What will you get up to?

Join our high jump training to master technique and reach new heights! We'll help you improve your jump and boost your confidence.

PUMP IT UP! - MORNING WEIGHTS

Day / time:	Tuesday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

What will you get up to?

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

YEAR 7 BOYS BASKETBALL

Day / time:	Tuesday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 7

What will you get up to?

Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone your skills on the court.

STUDY SPACE

Day / time:	Tuesday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

What will you get up to?

Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.



ATHLETICS

Day / time:	Tuesday, 2.35pm - 3.30pm
Where?	Field
Who for?	All Year Groups

What will you get up to?

Improve your strength, speed, and endurance in a fun and supportive environment.

BATTLE OF THE BANDS

Day / time:	Tuesday, 2.35pm - 3.30pm
Where?	A1
Who for?	All Year Groups

What will you get up to?

Amp up. Rock out. Only one band will win!



JOURNALISM CLUB (COMING SOON)

Day / time:	Tuesday, 2.35pm - 3.30pm
Where?	E9
Who for?	Year 9, 10, 11

What will you get up to?

Coming soon! A dynamic, student-led journalism club where curious minds break stories, sharpen their voices, and bring news to life through powerful storytelling.



WEDNESDAY

HIGH JUMP

Day / time:	Wednesday, 7.40am - 8.20am
Where?	Gym
Who for?	Year 9, 10

What will you get up to?

Join our high jump training to master technique and reach new heights! We'll help you improve your jump and boost your confidence.

PUMP IT UP! - MORNING WEIGHTS

Day / time:	Wednesday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

What will you get up to?

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.



YEAR 8 BOYS BASKETBALL

Day / time:	Wednesday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 8

What will you get up to?

Could you be the next Michael Jordan? Start your day with a burst of energy and shoot for the stars. Experience the exhilaration of fast breaks, slam dunks and three-pointers as you hone your skills on the court.

ART KS3 HOMEWORK CLUB

Day / time:	Wednesday, 2.35pm - 3.20pm
Where?	A7
Who for?	Year 7, 8, 9

What will you get up to?

Do you like creating and making? Then join Mrs Pickering and the creative crew in D6. There will be an opportunity to help with making props for the upcoming stage show and enter creative competitions throughout the term.

CHESS CLUB

Day / time:	Wednesday, 2.35pm - 3.20pm
Where?	H3
Who for?	All Year Groups

What will you get up to?

Outsmart, outplay, outcheckmate. Come and join our chess club - the ultimate power move after school.

CREATIVE WRITING

Day / time:	Wednesday, 2.35pm - 3.20pm
Where?	LRC
Who for?	Year 9, 10, 11

What will you get up to?

Your stories start here - unlock your imagination! Write it. Share it. Love it. Join Creative Writing Club!

STUDY SPACE

Day / time:	Wednesday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

What will you get up to?

Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.

BATTLE OF THE BANDS

Day / time:	Wednesday, 2.35pm - 3.30pm
Where?	A1
Who for?	All Year Groups

What will you get up to?

Amp up. Rock out. Only one band will win!

ROUNDERS

Day / time:	Wednesday, 2.35pm - 3.30pm
Where?	Field
Who for?	All Year Groups

What will you get up to?

Come and join the PE department on the field for the thrill of competition, the joy of improvement and the satisfaction of being part of a winning team.



CODE CLUB

Day / time:	Wednesday, 2.35pm - 3.35pm
Where?	C1
Who for?	All Year Groups

What will you get up to?

Learn to speak the language of the future and unlock the secrets of software, coding, computer games, animations and websites. This club will include competition opportunities such as Mission Zero. Come and join us and write your own code for success.





THURSDAY

HIGH JUMP

Day / time:	Thursday, 7.40am - 8.20am
Where?	Gym
Who for?	Year 9, 10

What will you get up to?

Join our high jump training to master technique and reach new heights! We'll help you improve your jump and boost your confidence.

NETBALL

Day / time:	Thursday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	Year 7, 8, 9, 10

What will you get up to?

Come and play on court to develop your skills in a fast-paced game of netball that will develop your ability to pass, shoot and defend your way to victory. Unleash your competitive spirit on the netball court.

PUMP IT UP! - MORNING WEIGHTS

Day / time:	Thursday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

What will you get up to?

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

DUKE OF EDINBURGH

Day / time:	Thursday, 2.35pm - 3.20pm
Where?	A5
Who for?	Year 10

What will you get up to?

Join us for an informal drop-in session designed for DofE students! Whether you're unsure about how to fill out your evidence, need guidance on specific sections of the program, or have any other questions, we're here to help. No appointment needed – just stop by, ask your questions, and get the support you need to make your DofE experience a success!

LANGUAGE AMBASSADORS

Day / time:	Thursday, 2.35pm - 3.20pm
Where?	L3 (Group 1) & C1 (Group 2)
Who for?	Years 7, 8, 9

What will you get up to?

Speak up, connect cultures and have fun! Join the Language Ambassador Club and be part of a global adventure.

STUDY SPACE

Day / time:	Thursday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

What will you get up to?

Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.

SPANISH TV AMIGOS

Day / time:	Thursday, 2.35pm - 3.20pm
Where?	L1
Who for?	Years 7, 8, 9, 10

What will you get up to?

Settle in and watch a Spanish TV series produced specifically for English speakers who are learning Spanish. We will explore and learn vocabulary - all of which is found on the GCSE.

ATHLETICS

Day / time:	Thursday, 2.35pm - 3.30pm
Where?	Field
Who for?	All Year Groups

What will you get up to?

Improve your strength, speed, and endurance in a fun and supportive environment.

SPARX CLUB

Day / time:	Thursday, 2.35pm - 3.30pm
Where?	Library
Who for?	Year 7, 8, 9, 10

What will you get up to?

Ignite your mind, solve the challenge, and spark your success with the Sparx Maths Club.

BADMINTON CLUB

Day / time:	Friday, 7.40am - 8.20am
Where?	Sports Hall
Who for?	All Years Groups

What will you get up to?

Looking for a fun and energetic way to spend your afternoons? Come join the Badminton Club! Perfect for players of all levels, our club offers a great opportunity to learn the game, improve your skills, and enjoy friendly matches. Whether you're a beginner or an experienced player, you'll love the fast-paced rallies, skill-building drills, and the chance to make new friends. Grab your racket and shuttle, and get ready to smash your way to fun and fitness!



PUMP IT UP - MORNING WEIGHTS

Day / time:	Friday, 7.40am - 8.20am
Where?	Fitness Suite
Who for?	All Year Groups

What will you get up to?

Start your day with a burst of energy and positivity by joining our early morning fitness club. Embrace the sunrise as you sculpt your body, boost your mood and set the tone for a successful day ahead.

FRIDAY

TABLE TENNIS CLUB

Day / time:	Friday, 7.40am - 8.20am
Where?	Gym
Who for?	All Year Groups

What will you get up to?

Our Table Tennis Club is the perfect place for players of all levels! Whether you are a beginner eager to learn or a seasoned pro looking to challenge your skills, you'll enjoy friendly matches, coaching tips, and a supportive environment. Meet new friends, improve your reflexes, and have a blast with every rally. Grab your paddle and join us for some fast-paced fun!

KS3 FREE-DRAWING/DOODLE CLUB

Day / time:	Friday, 2.35pm - 3.20pm
Where?	A6
Who for?	Year 7, 8, 9

What will you get up to?

Bring your own materials and artwork to share with friends.



STUDY SPACE

Day / time:	Friday, 2.35pm - 3.25pm
Where?	Library
Who for?	All Year Groups

What will you get up to?

Where homework becomes victory! Come to the LRC to complete your homework in a focussed environment with access to a wide range of resources from books, articles and computers. Develop good study habits in a relaxed atmosphere, where staff are there to support you in an environment conducive to learning.



THE KING'S

K

The King's School

Mill Hill Lane, Pontefract WF8 4JF

T: 01977 601701

W: kings.patrust.org.uk

E: admin@kings.patrust.org.uk

✕ PATKingsSchool